

UNFOLD_

THEORY U

Designing awareness-based social processes

Workshop with Ursula Versteegen from Presencing Institute

How can we create social architecture that accesses deeper layers of social reality?

UNFOLD_ trains on social technologies, practices and self-knowledge, to transform “stuck” into “unstuck”

- _ Developing self-awareness and a better awareness of the community as a whole
- _ Experimenting, questioning & designing new opportunities for positive social transformation
- _ Sharing resources
- _ Reinforcing commitment on responsible, social and sustainable issues in order to move on to an eco-balanced paradigm

Intentions

Becoming aware of the process of Theory U by experiencing from within

Connecting to generative listening to actively apply the insights gained to individual projects